



St Patrick's RC Primary School

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*In faith we grow, with hope for the future and love for one another
Mewn ffydd rydym yn tyfu, gyda gobaith ar gyfer y dyfodol a chariad at ein gilydd*

Monday 10th October 2022

Dear Parents / Carers

Relationships and Sexuality Education (RSE) within the new Curriculum for Wales

This letter seeks to address concerns regarding Relationships and Sexuality Education (RSE).

The rollout of the Curriculum for Wales framework commenced this September 2022. Within this, schools are now under a legal duty to include Relationships and Sexuality Education (RSE) in their curriculum. However, here at St Patrick's, RSE has always been an important part of our curriculum and has always been taught sensitively, discretely and within the context of our Christian values.

RSE is intended to help children to develop healthy relationships and behaviours with their friends and families, based on kindness, empathy and respect. It is intended to keep children safe and to protect their well-being. RSE helps children recognise relationships and situations that might put them at risk of harm and how to seek help if needed.

This table shows an overview of the themes covered in each year group:

PS1 (Reception)	PS2 (Years 1, 2 & 3)	PS3 - Lower (Year 4)	PS3 - Upper (Years 5 & 6)
Families and people who care for me. Physical health and fitness. Social and cultural equality.	Caring Friendships. Physical health and fitness. How to stay safe online. Social and cultural equality.	Respectful Relationships. Physical and mental health. How to stay safe online. Social and cultural equality.	Online relationships and being safe. Changes in my body (scientific teaching of menstruation and how a baby grows in the womb). Risks associated with harmful substances.

Schools are legally required to ensure that learners must not be exposed to learning that they are not ready for. In making decisions about what is developmentally appropriate, schools must use the RSE Code. This Code recognises that the teaching of RSE must be developmentally appropriate for each and every child.

We have included the Department for Education Advice for Parents document on our website for further information. Click [here](#)

Yours sincerely,



Peter J Knight Headteacher